

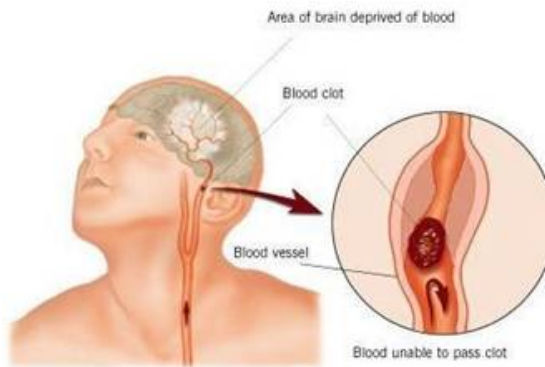


Recognizing Strokes (CVA)

2-24-08

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STROKE: Remember the 1st Three Letters.....**S - T - R**



The key to survival is recognizing the signs, diagnosing the stroke and getting the patient medically cared for *in 3 hours!* Don't delay!

RECOGNIZING A STROKE

Remember the '3' steps, S - T - R

Bystanders can recognize a stroke by asking the victim three simple questions:

- S** * Ask them to **SMILE**.
- T** * Ask them to **TALK** A Simple Coherent Sentence
- R** * Ask them to **RAISE** BOTH ARMS.

If they have trouble with ANY ONE of these tasks - call 911.

New Test for a Stroke ---Stick out Your Tongue;

Ask the person to 'stick' out his tongue.

If the tongue is "crooked" - meaning that it goes to one side or the other also is an indication of a possible stroke.